



BJK SPORTS CENTRE
Love All, Khelo aur Khilo

SCORECARD

March 2026

BJK Sports Centre Philosophy

- I - Identity** ▶ Identifying grassroots talent including rural hinterland scouting programs and creating equal opportunity for women participation
- N - Nurture** ▶ Providing care, mentorship, and opportunities for talent to grow
- D - Develop** ▶ Building skills, resilience, and world-class sporting excellence
- E - Empower** ▶ Holistic development of individuals into world class athletes and global citizens

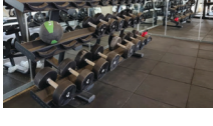
Together, IND-E reflects our vision of "Building a Better Future" through sport

INSIDE THE ROPES

Facility Updates

GYMNASIUM

Our Gymnasium is now open. Designed from the ground up with a singular focus - the high-performance athlete. Every element, from equipment to layout, has been considered through the lens of elite sport, supporting strength, conditioning and recovery in equal measure.



THE RESIDENCES

Completion is set for June, and we can't wait. Designed for comfort and built with the athlete in mind. The Residences will give players everything they need under one roof - a true home away from home for those training and competing at the BJK Sports Centre.



The Editorial

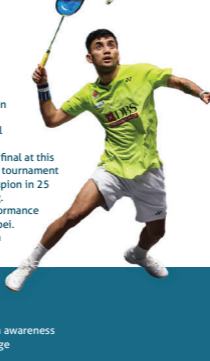
LAKSHYA SEN'S BIRMINGHAM RUN

Lakshya Sen walked away from the All England Open 2026 with a runner-up finish, but his campaign in Birmingham felt far more significant than the medal suggests.

At 24, the shuttler from Almora reached his second final at this prestigious event, having first done so in 2022. In a tournament where India has not produced a men's singles champion in 25 years, this was a reminder that the gap is narrowing.

In the final, Lin Chun-Yi delivered a composed performance to claim the title and create history for Chinese Taipei.

Yet, across the week, it was Sen's journey through a demanding draw that stood out.



What defined his run:

- Navigating a high-quality Super 1000 field
- Winning tough, physically demanding matches
- Showing visible growth in composure and match awareness
- Reaching a second All England final at a young age

In this edition of the scorecard, our team at BJK Sports Centre breaks down that journey into **three pieces, three perspectives, one historic week in Birmingham.**

DUNCAN STAHL

"Two things struck me whilst watching the All England Final yesterday. The first was the phenomenal mental strength and calmness displayed by Lakshya, and the second was how this match sat amidst the context of the BWF's proposal to go to a reduced 3x15 format.

In his semi-final yesterday, Lakshya was faced with a mental challenge that elite sportsmen and women would describe as the perfect storm: on one hand, he was faced with an opponent who had incredible defensive skills, an ability to soak up and re-direct whatever Lakshya threw at him, making him have to work so hard for every point won—combined with the growing realisation that his body was starting to give up on him (with cramping and blisters), and so an urgent need to find ways to finish the points quickly. That was the stark conundrum that Lakshya was faced with... and it's a situation which would have understandably broken the vast majority of players.

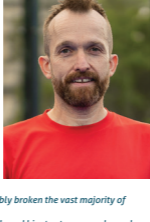
Instead, Lakshya settled to follow his mental routines, which allowed him to stay very calm and, crucially, allowed him to think very clearly about what needed to be done. They were mental routines and processes he and his coaches had equipped himself with, and they visibly gave him the confidence to effectively deal with the challenge he was faced with and the ability to problem-solve under immense pressure.

His commendable young opponent, Victor Lai, said as much in interviews afterwards: that Lakshya had been able to stay more mentally strong, stable, and clear in those high-pressure moments in the 3rd game than he had been able to.

As so often is the case at the very highest levels of sport, it is this mental ability that is the difference between the top 20 and the top 3... and is why someone like Novak Djokovic has always spoken about the priority he has given to training his mind over anything else.

And secondly, whilst watching, it occurred to me that those who are vehemently opposed to the BWF's proposal to go to the 3x15 format could highlight this fantastic match—with so much drama, so much physicality, so many twists and turns—as a perfect example of why the BWF proposal was a terrible idea. It would rob us all of being able to enjoy such encounters.

Whilst, at the same time, if Lakshya is unable to recover in time before today's final, and so is unable to give his best and compete at the required level (the human body is not designed to be able to recover so quickly)—and so robbing us all of a competitive final—then do."



CDR. SUNIL DHULEKAR

"Having watched the live semi-finals & second set of the final, Lakshya seems to have gone through a 360-degree change, especially in the perseverance & focus domain. Physical fitness or minor injuries or discomfort come along with all players, but as any ranking player, he has mentally trained to overcome. The semis, to my mind, were a real game changer post Olympics. I presume, being grounded, his family, coaches, and physios, though in the background, have been correcting his lacunae, which was very apparent. His USP, to my mind, is his grunting on the court. He played every point, not letting his opponent have a grip on the game. A point to be conveyed to all at our centre is that players go through roller coaster phases, but a great player comes forward through his grit & sheer determination."

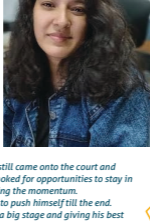
SHIVANI JOTSHI

"Having gone back through the highlights and key moments from the semi-final, I felt that Lakshya's performance at the All England Open was an impressive display of determination and composure. From the glimpses I saw, Lakshya looked confident and sharp on the court. His speed and quick movement helped him put pressure on his opponent, while his sharp net play and well-timed smashes allowed him to control many rallies.

Even during difficult moments, he seemed calm and focused. What stood out most was his fighting spirit—continuing to compete strongly even while dealing with cramps and staying patient in longer rallies.

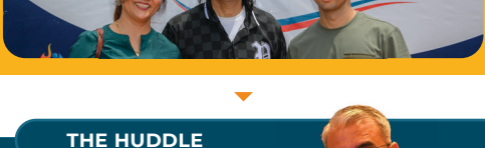
As for the final, Lin looked very confident and was putting Lakshya under constant pressure with his pace and attacking play. Though Lakshya had already gone through a very demanding semi-final and was dealing with cramps earlier, he still came onto the court and tried his best to compete. He kept fighting for every point and looked for opportunities to stay in the rallies, but Lin was controlling the game well and maintaining the momentum.

Even then, Lakshya showed great determination and continued to push himself till the end. Overall, it was good to see Lakshya competing strongly at such a big stage and giving his best on the court."



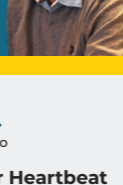
A TRIP DOWN MEMORY LANE

D.K. Sen, Mrs Sen and Chirag Sen at the BJK Sports Centre. The family's contribution to Indian badminton goes well beyond what you see on court, and with Lakshya's historic run at the All England fresh in the memory, these photos feel all the more special.



THE HUDDLE

We are delighted to welcome Col. Devraj Gill to the BJK Sports Centre as Chief Architect Performance and Systems (CAPS). Previously at the helm of the Army Sports Institute, Pune, we look forward to sharing more about him and his vision for BJK Sports Centre in the next edition. Stay tuned!



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Love All, Khelo aur Khilo

Isn't Just A Motto; It's Our Heartbeat

By the year 2036, at least 36 of our students will stand proudly at the international stage, representing not just themselves, but our strong philosophy that blends sportsmanship, wellness and inclusivity!